How wonderful it is that nobody need wait a single moment before starting to improve the world.

-Anne Frank

# A SPECIAL KIND OF CARE



### 845.240.7524 (Volunteer Office) 845.485.2273 (Main Office)

hvhospice.org

DUTCHESS OFFICE 374 Violet Avenue, Poughkeepsie, NY 12601 ULSTER OFFICE 153 Sawkill Road, Kingston, NY 12401





Hudson Valley HOSPICE



## VOLUNTEERS PROVIDE

Volunteers play a vital role in all aspects of the care provided by Hudson Valley Hospice.

### Administrative Support: Answering

telephones, filing, preparing mailings, data entry, assembling information packets.

#### **Community Outreach and Fundraising:**

Provide information at a tabling event or help with Foundation events.

**End-of-Life Doulas:** Provide guidance and support for patients seeking to deepen their experience, plan for how they envision a good death and provide compassionate presence in the final days.

**Errands:** Picking up groceries or other items for the patient or family.

**Family Support:** Listening and providing emotional support to both patients and their caregivers.

**Respite Care:** Visiting with a patient to give the caregiver an opportunity to attend to other matters.

**Specialized Skills:** Veteran support, bereavement support, crafting, pet therapy, energy therapy, aromatherapy and other special skills.

**Transportation:** Driving a patient to appointments or to get out on a beautiful day.

### **Orientation and Training**

All volunteers receive a specialized training, including information about our mission and philosophy and their role at Hudson Valley Hospice.

Administrative Volunteers are provided with individual training to meet the needs of the department in which they are working.

**End-of-Life Doulas** are provided with additional specialized training that allows them to support and help the patient and their loved ones plan for what they envision a good death and providing compassionate support in the final days. **Patient Care Volunteers** must attend a multisession educational program which includes an in-depth understanding of hospice care and the special needs of our patients. Once trained, volunteers are eligible to be assigned to a patient and work directly with the clinical care team under the direction of the volunteer coordinators.

### Make a Difference

All volunteers are asked to make a one-year minimum commitment to Hudson Valley Hospice. Patient Care and Administrative Volunteers usually give two to four hours each week.

Make an appointment to learn more about how you can help. Contact the Volunteer Director at **845.240.7524** or email **volunteers@hvhospice.org**.